

Women's Recovery Retreats

Women in Recovery Retreat Weekends are for women in all levels of recovery to share in supporting each other as they embrace and enhance their spirituality for successful recovery.

- **March 13-15**
Presenter: Sr. Helen Schmidt, OP.
- **November 13-15**
Facilitators: Rose Foley, LMSW, CASAC
Diana Dow-Edwards, PhD.,
Jane Colgan, MA, AC,

Men's Recovery Retreats

Matt Talbot #9 Retreat Weekends are for men in recovery to share in prayer and reflection and support one another on their spiritual path to recovery. These retreats are based on Alcoholics Anonymous.

- **January 24-26**
Presenter TBA
- ♦ **April 3-5**
Presenters: Willie Medina, CASAC, LMHC, MSW, SIFI, Jim Smith, CASAC, RCA
- ♦ **September 11-13**
Presenters: Willie Medina, CASAC, LMHC, MSW, SIFI, Jim Smith, CASAC, RCA
- ♦ **November 6-8**
Presenter: Br. Wayne J. Fitzpatrick, MM, MA, MS,



2020 Crèche Display

December 1st - January 10th - Daily 9:00am - 4:00pm

Come tour the Friars' collection of Christmas Crèches gathered from around the world through the years.

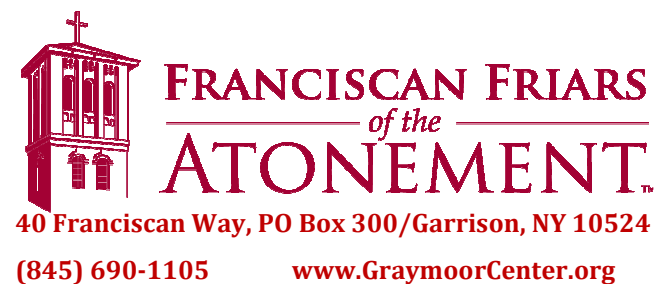
Christmas Open House December 13, 2020
1:30-3:30pm

Come visit for cookies and cocoa, and music.



Co-ed Recovery Retreats

- ♦ **March 6-8 Dan Egan Retreat**
"God comes to us disguised as our lives."
Presenter: Deacon Dan Giblin, CRS
- ♦ **March 20-22 SOAR – Surviving Our Alcoholic Relationships.**
Presenter – TBD
- ♦ **May 29-31 Road to Recovery**
Facilitators: Rose Foley, LMSW, CASAC
Diana Dow-Edwards, PhD.
Jane Colgan, MA, AC,
- ♦ **June 5-7 Healing Our Contaminated Images of God** Presenter: Br. Don Bisson, FSM. DMin.
- ♦ **August 7-9 Relapse Prevention**
Presenters: Willie Medina, CASAC, LMHC, MSW, SIFI, Jim Smith, CASAC, RCA
- ♦ **October 2-4 Healing the Hole in the Heart**
Presenter: Br. Don Bisson, FSM. DMin.
- ♦ **October 9-11 SOAR – Surviving Our Alcoholic Relationships.**
Presenter: Rev. Gail Erdie
- ♦ **October 16-18 Autumn Photography Recovery Retreat**
Facilitator: Mr. Bruce Collins
- ♦ **October 16 –18 Healing the Child Within**
Presenter: Julia Floyd-Ventura



40 Franciscan Way, PO Box 300/Garrison, NY 10524

(845) 690-1105

www.GraymoorCenter.org



Graymoor Spiritual Life Center

Celebrating 50 Years!

1970—2020



For more information call 845-424-2111

or consult our website www.GraymoorCenter.org

Graymoor Spiritual Life Center Celebrates Golden Jubilee

In 2020, the Graymoor Spiritual Life Center celebrates its 50th Anniversary and we invite you to come visit and discover the many wonderful things our Holy Mountain has to offer.

Enjoy sweeping vistas of Graymoor's 400+ acres and the Hudson River, walk the labyrinth, pray and enjoy our Franciscan hospitality in the beautiful Hudson Valley of New York State.

We offer a year-round schedule of weekend, weekday, and evening retreats, and programs designed for both groups and individuals, including married couples, seniors, young adults, clergy, and men and women in recovery.

The Graymoor Spiritual Life Center is a ministry of the Franciscan Friars of the Atonement dedicated to the reconciliation, or *At-One-Ment*, of people with themselves, each other, and God. The Center sponsors and hosts many retreats, conferences, days of renewal and recollection, pilgrimages, meetings, and other events.

Opened in 1970, the Graymoor Spiritual Life Center has offered people of many different religious traditions and all walks of life an opportunity to slow down and encounter the Spirit in their lives.

Discover Graymoor — come away, rest and renew your Spirit. We look forward to welcoming you to the Holy Mountain.



Watch for new retreats to be added throughout the year at www.GraymoorCenter.org

Private Retreats and Days of Grace

- ♦ **Private Retreats** are based on availability of rooms. Please call for more information.
- ♦ **Days of Grace Mid-Week** opportunities to reflect, relax and pray. \$150 per person, per day (includes three meals and overnight accommodations). Advanced registration is required.

General Information

Registration is required. You may register online or call our office for assistance. The deadline for registration is one week before the retreat. A non-refundable deposit of \$100 is required at the time of your registration. Unless otherwise noted, single occupancy for a weekend retreat is \$275 per person and \$200 per person for a double occupancy room. Fees include all retreat content, two overnight stays, and all meals starting with Saturday's breakfast, and ending with lunch on Sunday. Rooms will be available 5:00 PM on the first day of your retreat.

Facility Rentals

Graymoor is centrally located in the Lower Hudson Valley and less than 5 miles from the Garrison and Peekskill, NY Metro North stations. We invite groups, parishes, and schools to hold their conferences, events, and retreats here. The Center has 56 guest rooms able to accommodate up to 112 people; seated dining for as many as 250; indoor and outdoor meeting and chapel space for up to 650. The newly renovated pavilion holds 500 people and new picnic areas and recreation fields are also available.

Graymoor Spiritual Life Center Staff

Fr. Thomas Orians, SA, President
Sr. Mary T. Naccarato, PBVM, Director

For more information call 845-424-2111 or consult our website
www.GraymoorCenter.org

Men's Spirituality Programs and Retreats

- ♦ March 21 **Men's Breakfast**
Presenter: Deacon Louis F. Cosentino, PhD
Society of Franciscan Deacons, Rockville Centre, NY
- ♦ May 2 **Men's Day of Prayer**
Presenter: Deacon Louis F. Cosentino, PhD
Society of Franciscan Deacons, Rockville Centre, NY
- ♦ May 15-17 **Man Matters Men's Retreat** This year's theme is "Remember Who You Are"
Facilitators: Michael Boccia and the Man Matters Team

Women's Spirituality Programs and Retreats

- ♦ **Gifted Women Days of Prayer**
Saturdays: 2/1, 4/4, 6/6, 10/3
Presenters: Kacey Morabito-Grean & Maria Morabito
- ♦ August 14-16 **Gifted Women Annual Retreat**
Presenter Kacey Morabito-Grean & Maria Morabito.
- ♦ May 9 **Women's Brunch -The Wisdom Of Women: Accentuate and Elevate Your Innate Goodness**
Guest Speaker: Sharon Rosen, LMT, CWC, Reiki Master/Teacher

Spiritual Directors' Day of Prayer

- ♦ November 7 **Healing the Wounds of Toxic Religion**
Presenter: Br. Don Bisson, FSM. DMin.

Spiritual Retreats

- ♦ October 2 - 4 **Spirituality of St. Frances & St. Clare**
Presenter: Fr. Jack Rathschmidt, OFM Cap.
- ♦ October 9 - 11 **DeMello Retreat**
Presenters: Desmond Towey & Jonathan Galante, DeMello Spirituality Center, NYC

Senior Spirituality Mid-Week Retreats

These retreats run from Tuesday through Friday and offers seniors an opportunity to welcome the seasons. The week includes Mass, morning prayer, talks, and socials. Facilitators will include our Graymoor Spiritual Life Center Retreat Team.

- ♦ March 17-20— **Spring Seniors' Retreat**
- ♦ October 6-9 **Fall Seniors' Retreat**

ReCreation Weekends

For over a decade at Graymoor, Skip Doyle, in Franciscan fashion, has led nature retreats with a scripture-based spiritual component he has branded as Re-Creation weekends combining our lives in the natural world with our spiritual lives.

- ♦ February 21-23— **Winter Re-Creation**
- ♦ September 25-27— **Autumn Re-Creation**

Satisfaction Saturdays

- ♦ January 11 **Stress Less, Savor More**
Presenter: Sharon Rosen, LMT, CWC, Reiki Master/Teacher
- ♦ March 21 **Celtic Spirituality**
Presenter: Sr. Peggy Murphy, OP
- ♦ April 25 **Journaling to See God's Faithfulness**
Presenter: Margie Adames
- ♦ September 19 **Centering Prayer**
Presenter: Sr. Peggy Murphy, OP
- ♦ October 10 **A Spirituality of Beauty**
Presenter: Fr. Anthony J. Ciorra
- ♦ November 14— **Introduction to Ignatian Prayer**
Presenter: Nicholas Collura

Monthly Days of Prayer

Join us the last Wednesday of each month listed from 9:30-3:30 for prayer, fellowship, and a morning presentation.

Lenten Programs

- ♦ **Wednesday Soup & Scripture Series** 6:00-7:00pm
Join us beginning March 4, and ending April 8
- ♦ **Thursday Morning Lenten Program** 9:30-11:30am
Join us beginning February 27, and ending April 2
- ♦ March 15th **Lenten Spiritual Directions Day of Prayer**
Presenter: Skip Doyle

Holy Week Events

- ♦ February 23 **Burning of Palm Branches**
- ♦ April 5 **Palm Sunday Mass and Procession** Our Lady of Atonement Chapel
- ♦ April 9-12 **Holy Week Triduum Retreat** Reservations required.
- ♦ April 11 **Great Easter Vigil** Our Lady of Atonement Chapel
- ♦ April 12 **Easter Sunday Sunrise Service** Founder's Tomb

Special Programs

- ♦ March 15 **St. Patrick's Luncheon** serving at 12 Noon.
Reservations are required.
- ♦ May 3 **Blessings of Seeds**
- ♦ June 13 & 14 **Feast of St. Anthony of Padua Celebration**
- ♦ October 4 **Blessing of the Animals** 2:00pm

Advent, Christmas & New Year's Programs

- ♦ **Wednesday Evening Series** 6:00-7:00pm
Join us 12/2, 12/9, 12/16
- ♦ **Thursday Morning Advent Program** 9:30-11:30am
Join us on 12/3, 12/10, 12/17
- ♦ December 6 **Lenten Spiritual Directions Day of Prayer**
Presenter: Skip Doyle
- ♦ December 12 **Advent Saturday Day of Prayer**
- ♦ December 24 **Christmas Eve Mass in the Night** 10:00 pm.
Choral begins at 9:30pm.
- ♦ December 31- January 1 **New Year's Mini Retreat.**